

HAMPSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION
COUNTY SWIMMING CHAMPIONSHIPS 2009
Age as at 15th March 2009

ALDERSHOT (50m) Saturday 28th February	WATERLOOVILLE Saturday 7th March	SOUTHAMPTON Saturday 14th March
Session 1 Warm-up 8.10am Start 9.00am	Session 5 Warm-up 8.10am Start 9.00am	Session 9 Warm-up 8.10am Start 9.00am
Girls 13yrs/un 400m IM Boys 14yrs/un 400m F/S Girls 9-11yrs 4x50m F/S Team Boys 13yrs/un 4x50m F/S Team Girls 9-11yrs 4x50m Med. Team Boys 13yrs/un 4x50m Med. Team	Girls 9/11yrs 200m Freestyle Boys 9/11yrs 200m Freestyle Girls 12/13yrs 200m IM Boys 12/14yrs 200m IM Girls 13yrs/un 50m Back Boys 14yrs/un 50m Back Girls 11-13yrs 100m Breast Boys 12-14yrs 100m Breast Girls 13yrs/un 200m Fly Boys 14yrs/un 200m Fly	*Mens Youth Open 100m F/S Ladies Youth, Open 200m F/S. *Mens Youth, Open 50m Breast *Ladies Youth, Open 100m Breast Mens Youth, Open 400m IM *Ladies Youth, Open 100m Fly *Mens Youth, Open 100m Back *Ladies Youth, Open 50m Back Mens Youth Open 200m Fly *Mixed SM1-SM4 150m IM
Session 2 Times: tbc	Session 6 Times: tbc	Session 10 Times: tbc
Mens 4x200m F/S Team HDW Ladies/Mens Open 800m F/S	Girls 9-11yrs 200m Breast Boys 9-11yrs 200m Breast Girls 12/13yrs 200m Back Boys 12/14yrs 200m Back Girls 13yrs/un 50m Fly Boys 14yrs/un 50m Fly Girls 11-13yrs 100m F/S Boys 12-14yrs 100m F/S	Mens Youth, Open 100m IM *Ladies Youth, Open 200m IM Mens Youth, Open 400m F/S *Ladies Youth, Open 50m F/S Mens Youth, Open 200m Breast Ladies Open 200m Back *Mens Open 50m Fly Mens Open 4x100m F/S Team Ladies Open 4x100m F/S Team Boys Junior 4x50m Med. Team Girls Junior 4x50m Med. Team
ALDERSHOT (50m) Sunday 1st March	WATERLOOVILLE Sunday 8th March	SOUTHAMPTON Sunday 15th March
Session 3 Warm-up 8.10am Start 9.00am	Session 7 Warm-up 8.10am Start 9.00am	Session 11 Warm-up 8.10am Start 9.00am
Girls 13yrs/un 400m F/S Boys 14yrs/un 400m IM Girls 13yrs/un 4x50m F/S Team Boys 9-11yrs 4x50m F/S Team Girls 13yrs/un 4x50m Med. Team Boys 9-11yrs 4x50m Med. Team	Girls 13yrs/un 100m IM Boys 14yrs/un 100m IM Girls 9/11yrs 200m Back Boys 9/11yrs 200m Back Girls 12/13yrs 200m Freestyle Boys 12/14yrs 200m Freestyle Girls 13yrs/un 50m Breast Boys 14yrs/un 50m Breast Girls 11-13yrs 100m Fly Boys 12-14yrs 100m Fly	*Ladies Youth, Open 100m F/S Mens Youth, Open 200m F/S *Ladies Youth Open 50m Breast *Mens Youth, Open 100m Breast Ladies Youth Open 400m I.M *Mens Youth, Open 100m Fly *Ladies Youth, Open 100m Back *Mens Youth, Open 50m Back Ladies Youth Open 200m Fly
Session 4 Times: tbc	Session 8 Times: tbc	Session 12 Times: tbc
Ladies 4x200m F/S Team HDW Lanes/Mens Open 1500m F/S	Girls 12/13yrs 200m Breast Boys 12/14yrs 200m Breast Girls 9-11yrs 200m IM Boys 9-11yrs 200m IM Girls 13yrs/un 50m F/S Boys 14yrs/un 50m F/S Girls 11-13yrs 100m Back Boys 12-14yrs 100m Back	Ladies Youth, Open 100m IM *Mens Youth, Open 200m IM Ladies Youth, Open 400m F/S *Mens Youth, Open 50m F/S Ladies Youth, Open 200m Breast Mens Youth, Open 200m Back *Ladies Youth 50m Fly Ladies Open 4x100m Med. Team Mens Open 4x100m Med. Team Girls Junior 4x50m F/S Team Boys Junior 4x50m F/S Team

- * These events include swimmers competing in the multi-disability Championships.
- Juniors: Aged 15yrs/under at 15th March 2009. (Qualifying Times as 15yrs)