

**HAMPSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION**  
**COUNTY SWIMMING CHAMPIONSHIPS 2010**  
Age as at 14<sup>th</sup> March 2010

<b>PORTSMOUTH (50m)</b> <b>Saturday 27<sup>th</sup> February</b>	<b>WATERLOOVILLE</b> <b>Saturday 6<sup>th</sup> March</b>	<b>SOUTHAMPTON</b> <b>Saturday 13<sup>th</sup> March</b>
<b>Session 1</b> Warm-up 9:00am Start 10.00am	<b>Session 5</b> Warm-up 8.30am Start 9.30am	<b>Session 9</b> Warm-up 8.30am Start 9.30am
Girls 13yrs/un 400m IM Boys 14yrs/un 400m F/S Girls 9-11yrs 4x50m F/S Team Boys 13yrs/un 4x50m F/S Team Girls 9-11yrs 4x50m Med. Team Boys 13yrs/un 4x50m Med. Team	Girls 9/11yrs 200m Freestyle Boys 9/11yrs 200m Freestyle Girls 12/13yrs 200m IM Boys 12/14yrs 200m IM Girls 13yrs/un 50m Back Boys 14yrs/un 50m Back Girls 11-13yrs 100m Breast Boys 12-14yrs 100m Breast Girls 13yrs/un 200m Fly Boys 14yrs/un 200m Fly	*Mens Youth Open 100m F/S Ladies Youth, Open 200m F/S. *Mens Youth, Open 50m Breast *Ladies Youth, Open 100m Breast Mens Youth, Open 400m IM *Ladies Youth, Open 100m Fly *Mens Youth, Open 100m Back *Ladies Youth, Open 50m Back Mens Youth Open 200m Fly *Mixed SM1-SM4 150m IM
<b>Session 2</b> Warm-up 1:00pm Start 2:00pm	<b>Session 6</b> Warm-up 1:00pm Start 2:00pm	<b>Session 10</b> Warm-up 12:30pm Start 13:30pm
Mens 4x200m F/S Team HDW Ladies/Mens Open 800m F/S	Girls 9-11yrs 200m Breast Boys 9-11yrs 200m Breast Girls 12/13yrs 200m Back Boys 12/14yrs 200m Back Girls 13yrs/un 50m Fly Boys 14yrs/un 50m Fly Girls 11-13yrs 100m F/S Boys 12-14yrs 100m F/S	Mens Youth, Open 100m IM *Ladies Youth, Open 200m IM Mens Youth, Open 400m F/S *Ladies Youth, Open 50m F/S Mens Youth, Open 200m Breast Ladies Open 200m Back *Mens Open 50m Fly Mens Open 4x100m F/S Team Ladies Open 4x100m F/S Team Boys Junior 4x50m Med. Team Girls Junior 4x50m Med. Team
<b>PORTSMOUTH (50m)</b> <b>Sunday 28<sup>th</sup> February</b>	<b>WATERLOOVILLE</b> <b>Sunday 7<sup>th</sup> March</b>	<b>SOUTHAMPTON</b> <b>Sunday 14<sup>th</sup> March</b>
<b>Session 3</b> Warm-up 9:00am Start 10.00am	<b>Session 7</b> Warm-up 8.30am Start 9.30am	<b>Session 11</b> Warm-up 8.30am Start 9.30am
Girls 13yrs/un 400m F/S Boys 14yrs/un 400m IM Girls 13yrs/un 4x50m F/S Team Boys 9-11yrs 4x50m F/S Team Girls 13yrs/un 4x50m Med. Team Boys 9-11yrs 4x50m Med. Team	Girls 13yrs/un 100m IM Boys 14yrs/un 100m IM Girls 9/11yrs 200m Back Boys 9/11yrs 200m Back Girls 12/13yrs 200m Freestyle Boys 12/14yrs 200m Freestyle Girls 13yrs/un 50m Breast Boys 14yrs/un 50m Breast Girls 11-13yrs 100m Fly Boys 12-14yrs 100m Fly	*Ladies Youth, Open 100m F/S Mens Youth, Open 200m F/S *Ladies Youth Open 50m Breast *Mens Youth, Open 100m Breast Ladies Youth Open 400m I.M *Mens Youth, Open 100m Fly *Ladies Youth, Open 100m Back *Mens Youth, Open 50m Back Ladies Youth Open 200m Fly
<b>Session 4</b> Warm-up 12:00noon Start 1:00pm	<b>Session 8</b> Warm-up 1:00pm Start 2:00pm	<b>Session 12</b> Warm-up 12:30pm Start 13:30pm
Ladies 4x200m F/S Team HDW Lanes/Mens Open 1500m F/S	Girls 12/13yrs 200m Breast Boys 12/14yrs 200m Breast Girls 9-11yrs 200m IM Boys 9-11yrs 200m IM Girls 13yrs/un 50m F/S Boys 14yrs/un 50m F/S Girls 11-13yrs 100m Back Boys 12-14yrs 100m Back	Ladies Youth, Open 100m IM *Mens Youth, Open 200m IM Ladies Youth, Open 400m F/S *Mens Youth, Open 50m F/S Ladies Youth, Open 200m Breast Mens Youth, Open 200m Back *Ladies Youth 50m Fly Ladies Open 4x100m Med. Team Mens Open 4x100m Med. Team Girls Junior 4x50m F/S Team Boys Junior 4x50m F/S Team

- \* These events include swimmers competing in the multi-disability Championships.
- Juniors: Aged 15yrs/under at 14th March 2009. (Qualifying Times as 15yrs)

Updated: 23<sup>rd</sup> February 2010