

## HAMPSHIRE COUNTY AMATEUR SWIMMING ASSOCIATION

### Upper limit times for HCASA Development Competition 2009

<b>BOYS</b>	<b>9/10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/16</b>	<b>17/18</b>
50m Freestyle	36.2	34.4	32.4	30.8	29.3	27.5	26.0
100m Freestyle	1:19.0	1:14.4	1:09.9	1:06.0	1:03.0	59.3	57.3
200m Freestyle	2:50.9	2:41.4	2:32.1	2:23.8	2:17.1	2:09.1	2:06.3
50m Breaststroke	47.3	44.5	41.8	39.0	37.2	34.5	32.7
100m Breaststroke	1:43.2	1:35.8	1:29.7	1:23.8	1:19.7	1:14.3	1:11.3
200m Breaststroke	3:40.8	3:25.9	3:13.7	3:01.7	2:52.3	2:41.8	2:34.3
50m Butterfly	40.5	38.0	36.0	33.9	32.2	29.9	28.1
100m Butterfly	1:31.7	1:23.9	1:18.4	1:13.6	1:09.7	1:05.2	1:01.9
200m Butterfly	3:20.9	3:03.8	2:53.0	2:42.6	2:34.3	2:23.8	2:17.3
50m Backstroke	41.6	39.5	37.4	35.0	33.6	31.0	28.9
100m Backstroke	1:30.5	1:23.9	1:19.0	1:14.2	1:10.3	1:05.8	1:02.2
200m Backstroke	3:10.7	2:58.9	2:48.9	2:39.1	2:31.1	2:22.0	2:15.8
100m Individual Medley	1:31.9	1:27.1	1:22.3	1:17.5	1:13.2	1:08.2	1:04.4
<b>GIRLS</b>	<b>9/10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15/16</b>	<b>17/18</b>
50m Freestyle	36.8	34.9	33.2	32.1	31.3	30.4	30.4
100m Freestyle	1:20.8	1:15.2	1:11.1	1:08.8	1:07.0	1:05.0	1:04.9
200m Freestyle	2:52.1	2:42.0	2:32.9	2:27.5	2:24.1	2:19.9	2:18.7
50m Breaststroke	47.8	44.8	42.2	40.5	39.3	38.1	38.0
100m Breaststroke	1:44.1	1:35.9	1:30.5	1:26.4	1:23.3	1:21.6	1:20.6
200m Breaststroke	3:41.4	3:25.8	3:14.1	3:05.4	3:00.0	2:55.8	2:54.8
50m Butterfly	40.5	38.4	36.4	35.0	34.0	32.9	32.9
100m Butterfly	1:31.9	1:24.3	1:19.0	1:16.1	1:13.6	1:11.8	1:11.1
200m Butterfly	3:23.8	3:05.6	2:53.3	2:46.0	2:40.8	2:36.1	2:34.4
50m Backstroke	41.9	39.6	37.6	36.3	35.3	34.2	34.0
100m Backstroke	1:31.0	1:24.2	1:19.3	1:16.1	1:14.3	1:12.1	1:11.7
200m Backstroke	3:12.7	2:58.2	2:48.8	2:43.0	2:38.9	2:33.6	2:32.3
100m Individual Medley	1:30.7	1:27.2	1:22.8	1:19.4	1:17.7	1:15.2	1:14.8